

Elizabeth Hay

Business Consultant and Pandemic Relief Specialist | Penn State SBDC

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Elizabeth has more than 15 years of experience as an entrepreneur and consulting with small business owners. Her expertise includes business strategy, disaster recovery, scaling and de-risking growth companies, employee management, insurance compliance, accounting and bookkeeping, government contracting, bid and proposal writing, safety management and overall business management. She has worked with multiple SBIR awards and has training in DCAA contract accounting. Elizabeth has experience with woman owned and veteran owned business certifications, compliance, and bidding under those designations. She is a QuickBooks ProAdvisor and known as the Penn State SBDC “in-house” entrepreneur.

Elizabeth is the President of WiNGs, a State College based women entrepreneurs networking group, she teaches yoga in the State College area, and balances her SBDC career, owning a small business, and raising her 6 children with the help of her husband and co-owner of TechKnowServ Corp, Thomas Hay.